




**ENCOUNTER
WITH
GOD**

N.K. GOYAL



Inspired by

Respected GURUJI

who has given me

spiritual enlightenment and life full of bliss

without which

my soul would have always

remained thirsty.

Pranam and Samarpan to Guruji.







FOREWORD



As a Pradhanacharya of Organisation of Excellence in Yoga & Reiki, I find pleasure in introducing Shri N.K.Goyal. We all know him as telecom man, but there is also another part of his life. He is an in-depth practitioner of Yoga and known for psychic therapy, spiritual healing, acupressure teaching. He has worked as a Yoga teacher in Himachal Pradesh for more than 20 years. When I came in contact with him, I could see a Karmyogi in him, working in business environment without attachment. I was attracted by his magnetic personality.

Shri Goyal has a soft warm smile, which pleases all of us. His talks on psychic therapy work like magic and instantly transform the mind of the other person. He has been declared an



Ambassador of God by Swami Anand Sidhartha. When he is around, one gets the feeling of bliss, charm and happiness generating wave of love and affection.

Encounter with God is the second publication by Shri Goyal after "Emotions". In this book he has very softly taken out things from his heart that goes deep to our subconscious mind and one realize how answerless we are before God. This book is very helpful for all those who want to learn the true life of human being.

I am sure it would make an interesting journey for the reader from known to unknown.

B Sharma
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ENCOUNTER WITH GOD

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FIRST OF ALL

There can be no encounter with
The "Person" who has created you.
One can only bow to "HIM".

Whatever one wants to say cannot be said
and whatever is the truth cannot be said.



One fine morning
God met me on the spiritual roads.
We had some interesting discussions.
God put to me some questions
I was too dumbfounded to respond
I am sharing the same with you
Can you help me in replying to God ?



Thus spoke the God
I gave you so many brothers, sisters, friends.
Why was that you confined yourself
only to two or three entering into this
world
by one particular mother,
which was an accidental choice.

God asked:
Are not all humans, animals, birds
created by me and hence
your brothers, sisters and friends?

Why did you not give love, devotion,
sincerity and service to my people ?

It would not have cost you anything.



I gave you unlimited water, sun and air free of charge for use.

How is that you never thanked me?

How is that you started owning water and earning money out of it even though you never paid for it ?

Luckily I made air and sun rays non saleable,

otherwise would you have sold them too?



The so called low intellect creatures like birds, animals etc have full faith in me and never bother to store for future, for themselves or their children.

Why is that you started behaving like God and storing things for yourself and for your kids?

Do you believe I have not given you the ticket for return journey to me?





I gave you plentiful of variety

of never ending food to eat throughout the year.

Why is that you started storing them for future?

Did you not believe in me?

And in the process you created preservatives, chemicals,

fast food and what not ?

Being unnatural, food got spoiled, deteriorated and you started having health problems.

Why then did you start blaming me?



I made all living beings competent and capable of living comfortably in this world for a given period with love and affection to enable them to pray and achieve moksha, salvation and cut bondage of birth and rebirth.

You started educating them in your own way, imposing on them self made rules, regulations and restrictions in the name of God, law and nature.

Even then man is the most unhappy among all my creatures.

Why do you blame me for your un happiness ?

Do you really think education has made you wise and intelligent than other living beings?

In spite of the best of your researches, have you become God to control life and death ? If not, then why all this *Hulla Gulla*?





You often prayed "Oh God take me into your shelter, Oh God whatever I have is yours", yet whenever I tried to take you out of this world and was willing to take you back with me, you opposed tooth and nail.

You prolonged departing by various prayers and medical tie ups. I relented and let you remain.

You then thanked the Doctor and not me. Knowing well that the Doctor cannot give you any permanent assurance to stay back. Even then you paid loads of money to the Doctor and to me just a token amount of *Prasad* and that too ultimately you consumed yourself.

Why did you fail to thank me for all that I have given you ?



I filled you with limitless love, affection and care so that you may distribute them to one and all.

Additionally I ensured not only automatic filling up but overflowing, whenever you gave love. You cannot measure, count, buy or sell love, affection and care because for being valued at all it has to be necessarily given free.

You were very miser in giving it but always willing to receive it.

Instead of being a donor of love you became a beggar.

Then why did you blame me "Oh God why nobody loves me"?





I showered on you bounties of happiness, prosperity and peace through various means created by me like sun, beautiful birds, flowers and through a pipeline of new relations at each stage of your life, father, mother, brother, sister, husband, wife, father in law, mother in law etc.

You refused to accept full bounties due to your own preconceived ideas and by keeping tightly closed the window within yourself to receive all this.

Then why did you pray "Oh God give me peace, and happiness inside and prosperity outside"?



I made each living being with certain amount of "*Sukh & Dukh*".

Other than you humen, all accepted it with grace.

You refused all "*dukh*" and over enjoyed "*sukh*" by various means.

When in "*Dukh*", I sent you "*Sukh*" by various means alternative routes and your over jealousy protected yourself not to receive advice and happiness from all sources.

Then why did you blame me "Oh God why did not you remove my miseries"?





I provided you with several opportunities in your life to meet me and to rise above your level, to leapfrog your standard of living, to cross to spirituality.

Each time I knocked at your door in various forms through various channels you resisted by not allowing me to come in.

Even then you always continued praying "God give me enough money and spirituality".

How can I give all this when you do not want to accept it?





I never intended human beings to own and possess another particular male or female.

Among all living beings you the human started bonding two male and female by marriage on most of the times on considerations other than love, emotions, spirituality and without desire within themselves for a happy married life.

Marriage started breaking and disrupting peace. Instead of journey on spiritual path towards me, you started journey to self actualization, false ego and what not.

Then why did you blame me "Oh God what a horrible life you have given to me"?









The only way to achieve man's belief for a woman or wife is within himself cent percent faith and understanding.

You started without belief inside and tried to rely on oaths, and what other have to say in the matter. You seldom realized that others have their own axe to grind and in any case it is you and only you who matters. Why do you need others to say your wife is good or bad? Why did you rely on others views? And when you failed to live happily, why did you blame me "Oh God why have you given me such a wife"?

Likewise for husbands too.





No marriage can be ideal and perfect by all standards and expectations. Even Parvati forced Lord Shiva to do something on several occasions, which Shiva was not willing to do. Sati (Parvati) also went to her father Daksh Prajapati against the advice of Lord Shiva. Lord Krishna married Rukmani but we always remember Radha Krishna.

Also Sita married Rama and immediately had to go to exile for 14 years. But they never talked of divorce or separation.

You in my world on sheer pretext of some misgiving, some misunderstanding or some divergent views initiate talks of separation.

Then why blame me " Oh God why my marriage is not successful"?





In this world created by me, nothing is accomplished without effort.

Life is a combination of success and failure. Both are needed.

A physical effort is compulsory, if one wants to achieve anything.

Results come only after required effort is put in.

Whatever one may dream or imagine will not bring success without doing work. You never put in efforts and dream about success right in the beginning.

When failed why did you blame me "Oh God why didn't I get success"?



There is nothing like this thought in itself is good or bad. However, each thought is a mirror reflecting your own perception and views based on your experience with world through physical body, mind, intellect to satisfy perceiver, feeler, thinker, soul within you and likes, dislikes based thereon.

Likewise you make judgments about people, based on your varied beliefs, knowledge, education, upbringing and how you understand what you see and perceive.

Accordingly each man perceives universe differently and the same thought / act brings different values for each individual. No two persons have exactly the same meaning for the same word or expression.

I provided all of you equal opportunity to develop positive attitude for each experience. You yourself adopted negative perceptions. And mind repeats what ever it has. When negativity multiplied, why did you blame me "Oh God why are there all negatives in my life"?





I created the universe where most communication of emotions like love, hate, affection was by suggestiveness, giving it freely unhindered. This is the only way in which inexpressible can be expressed, the indescribable described and the un definable defined.

But you developed words to express them and avoiding giving it.

Finite words can never express the infinite.

You know it is not what we give, but how we give that assumes the importance and leads you to success.

When words failed to express your emotions, why did you say "Oh God how to explain how much I love him / her" ?



I created each person, leaf, flower, even a crawling worm to be unique and one of its kind.

Each one's personality and the self image depends on what one wishes to be.

One tends to develop only those qualities which he considers good, healthy and beautiful.

Thus personality is influenced by our own attributes, tendencies, likes, dislikes and values one enjoys or does not enjoy. The difference thus lies in the values that are cherished and lived by an individual.

Why did you start comparing one individual with an other and graded them?





I gave you one tongue to speak and two ears to hear. Listening is vital communication function to improve your understanding ability, self awareness, self application and self satisfaction.



Don't you remember loud reading leads you to memorisation. On the other hand you always allowed tongue to speak, speak and speak and you forgot listening by two ears. As if listening is a weakness and apathy while power and action is demonstrated by speaking. You spoke more than listened and words once said cannot be taken back. Tongue in any way is slippery. You did not bother to listen to your inner voice because you were preoccupied with rubbish, disturbing and agitating things.

You created enemies from loose talks and then why did you blame me "Oh God why did I say so, which I did not really mean?"



Whatever unhappiness and sufferings you have, the sole responsibility lies with you only. When you are attached to an action or its results, there is dissipation of psychic energy through channels of anxiety. The memories of past failure and negative moments haunt you, providing another channel for leaking of human energy. The meaningless excitements and restlessness due to attachment to work provides third channel for energy leakage. Thus you are slaves of your uncontrollable desires and undisciplined thoughts. The objective tensions and subjective confusion pull you in two opposite directions. All this renders you impotent, inefficient and the external environment crushes you. It is your own decision to immerse in external world and to keep away from within yourself. Then why do you blame "Oh God what is all this world you made which is causing me all this suffering"?









One should know himself before knowing me.
And if he has known himself he has known me.

You need not be supernaturally evolved to listen to your inner voice.

In fact you already are spiritually fulfilled and complete. I made you in my own image. Hence you are essentially divine possessing infinite capacity to change yourself inside and change outside environment.

It is your ignorance and intellectual laziness that make you dwell in darkness.

Then why do you blame me "Oh God why cannot I see you"?





Mind is the super most computer I gave you. By nature I made mind restless, wavering. However, one can easily train it to remain quiet, which gives intellectual leisure for cultural self development and the inner energy for consistently living spiritual perfection.

Mind is like a glass which if not cleaned regularly does not help you to see carefully. A mind fully aware of its own positive potentials has sufficient inner strength to face any challenging situation. However, you always remained obsessed with your negative thinking and prevented it from accepting any alternative solution. This caused emotional instability and disturbance.

On the other hand surrendering to one's true identity releases positive energy that dissolves all mental road blocks and path to invoke reservoir of boundless love, strength and courage from within.





Why did you blame me "Oh God why no mental peace for me"?





Lastly

Be happy. Be contented. You are full and complete in yourself. You do not need anything from anywhere for fulfillment and happiness. These depend entirely upon your mental evaluation of the world. I cannot do anything to make you happy if you have decided to be unhappy. Any amount of money, position, health will not bring you happiness if you are determined to be unhappy. In fact I have given you so much energy that its use in any great noble, divine task will not exhaust you. It can never bring exhaustion of power within you. Avoid undue strain that comes from anger, worry, passion, excitement, anxiety and a host of similar other immoral and unethical urges. Carry out daily activities in an inner attitude of balance and aloneness. Many wrong habits of thinking and acting enter into one unconsciously. Luck is opportunity availed and success is luck exploited.



You do not have liberty to work or not to work. The only choice you have is to work.

Yet you have freedom in choosing to work rightly in the spirit of love, dedication, sacrifice, joy and non attachment. Deep in the depths of all of you there is a secret longing, a silent impulse, a soaring ambition to do everything beautifully, spectacularly noble and surely enduring.

Just invoke it.

AND answer to my questions. Do not worry, even I have no answers to lots of questions.

Bye Bye. See you again.

